

Newborn to Six Months: Stop Comparison

by Cynthia Wilson James

If the pediatrician says your baby is healthy during the well-baby care checkups, resist the urge to compare your baby's development with another baby of the same age. Your girlfriend, sister or cousin may have said her 6-month-old baby's singing "If You're Happy and You Know It." You shouldn't panic because your baby isn't doing this. Most babies aren't singing "If You're Happy and You Know It" at six months—except in the ears and minds of their loving mommies.

According to research, it is natural for babies to reach some milestones earlier

or later than others. Always address any concerns, regardless of how big or small, related to development with your baby's pediatrician. Meanwhile, resist the urge to compare your baby with another. This will save you a lot of stress. God gave you the gift of being a mother to your little angel—enjoy it! ✝

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